

The process of building a strong, long-lasting recovery can be a challenging and lengthy one, but getting into treatment doesn't have to be.

Getting Started

1. First, contact us! We welcome your questions and are happy to provide you with detailed information.
2. We'll put you in touch with an admission counselor who will help assess your needs and help determine whether Shorewood House is right for you.
3. If we mutually determine that Shorewood House is a good fit for you, we will call you back to finalize payment arrangements and set an admission date.

Please note: If you need detoxification services prior to admission, we will help coordinate with the appropriate facility and make arrangements for you to enter Shorewood House immediately thereafter.

4. When you arrive at Shorewood House, you'll start by meeting with your therapist who will help orient you to the program.
5. Get started! Recovery begins now.

*We are strength based and client focused. There are no judgments. We understand the science behind addiction and the process of recovery. **There is reason to hope.***



Shorewood House
RECOVERY BEGINS HERE

Shorewood House
a division of Meta House
3924 N. Maryland Avenue
Shorewood, WI 53211
(414) 977-5890
www.ShorewoodHouse.org



@ShorewoodHouse

facebook.com/ShorewoodHouse



Ending the generational cycle of addiction by healing women and strengthening families.



Reclaim your life.

Rebuild your family.

Pave the way for your better tomorrow, today.

Making a Referral

We welcome your referral. Please contact us at (414) 977-5890 to get in touch with our admissions staff.

About Treatment at Shorewood House

Recovery from drug and alcohol addiction is possible

Our Philosophies

- **Gender-Responsive** The substance use experience is remarkably different for women than for men including the causes and consequences of use, the physical effects and the treatment experience.
- **Trauma-Informed** Trauma and violence have a profound impact on a woman's life. We provide treatment and care that addresses the effects of trauma so she can begin to heal.
- **Strength-Based** Our staff recognizes that each woman comes to treatment with unique strengths. We emphasize those strengths as a building block for that woman's recovery.



A division of Meta House, the Shorewood House treatment program is supported by over 50 years of clinical expertise.

Programs & Services

Substance Abuse Treatment for Women

Shorewood House recognizes that several contributing factors impact a woman's addiction. For that reason, we offer a wide-array of holistic services that help a woman heal from past trauma and establish a solid foundation for long-term recovery.

Our comprehensive services include:

- & Substance Abuse & Addiction Treatment
- & Mental Health Treatment
 - One-on-One Therapy
 - Group Therapy, Including DBT Skills Group
 - Experiential Therapies
 - Chemical Dependency Education
 - Trauma Counseling and Stabilization
 - Smoking Cessation



What to Expect

- A talented, supportive, compassionate and professional team of staff members, available to you 24 hours per day, 7 days per week.
- A comfortable, suburban residential setting conducive to healing and recovery. Shorewood House can accommodate up to eight women at a time.
- A thoughtful, personalized treatment plan that includes individual and group therapy along with art and other experiential therapies, uniquely designed to meet your specific needs.



feel at home
while rebuilding yours